

Stonehaven

Amateur Swimming Club



South Aberdeenshire League Meet

(Level 4 Under Modified Rules)

Banchory Sports Village

On

Sunday 27th September 2026

MEET INFORMATION

(Level 4 Under Modified Rules)

POOL	25 Metres, 6 Lanes, Anti-turbulence ropes, Starting Blocks deep end. Level Deck Pool; Depth: 2metres both ends
SESSIONS	Session One Warm Up 13:10 Start 14:00 (SUBJECT TO CHANGE IF NECESSARY)
EVENTS	AGE GROUP ONLY All Events are Mixed Events See attached sheet for programme of events. 100 Freestyle 200 Freestyle 50 Backstroke 100 Backstroke 50 Breaststroke 100 Breaststroke 50 Butterfly 100 Butterfly 100 IM
AGE	Age on 27 th September 2026 The Age Groups are: Bronze Squad and below: 8–9 years, 10-11 years, 12 years and over. Silver Squad: 8-9 years and 10-11 years 12 years and over.
	Closing date for all entries is Friday 4th September 2026
MEET ENTRIES	All entries must be on Hy-tek Team Manager entry file. Entry files will be sent out to the invited clubs. Entries should be submitted with a time, as NT will be seeded last. Each swimmer can enter a maximum of 3 swims. <u>As per South Aberdeenshire rules all swimmers should have a volunteer (STO or dryside) to be eligible to swim.</u> Age Group Events - heats will be swum with all age groups combined and swimmers seeded by entry times. A draft programme will be emailed to each club. Please email the entry file to: Derek McKilligan at sascmeetsecretary@gmail.com
WITHDRAWALS	Withdrawals prior to the competition should be emailed to: Derek McKilligan at sascmeetsecretary@gmail.com To arrive no later than 5pm Friday 25th September 2026.
MARSHALLING	Marshalling will take place on poolside.
TECHNICAL OFFICIALS	Lists of Technical Officials should be submitted to: STO Coordinator stonehaven.sto@gmail.com by Friday 11 September 2025.

	Queries or changes to Technical Officials after this date should be directed to: STO Coordinator stonehaven.sto@gmail.com Judges and Timekeepers in training, who are requiring specific signatures, should make this clear in their request. Requests will be accommodated only if the referee considers it practical. Technical Official Lists should be submitted in accordance with North District Regulations relating to minimum technical official requirements for number of swimmers entered.
NOTES	All swimmers entered must have paid their SASA membership fee for the current year. Registration numbers must be shown on entry files.
	All participants should adhere to the Scottish Swimming Code of Ethics and relevant codes of conduct.
	Participating clubs will receive one copy of start sheets and results will be sent to each club after the meet.
	Stonehaven ASC reserves the right to amend the programme at any time.
	Lockers provided in the changing rooms (£1 coin required) should be used to store all belongings. The meet organisers and the facility management cannot be held responsible for items lost during the course of the event. No swimming bags/kit bags should be poolside.
	Teams are responsible for clearing their seating area of belongings, litter etc. before leaving at the end of the competition day. No food may be consumed on poolside or in the changing rooms.
Data Protection	Entries and Results Personal data acquired from competitors to allow for the operation of this meet will be held securely and used only for the purpose of managing the meet, including the reporting of results, in line with GDPR guidance.
Technical Swimsuits	As of 1st September 2022, new regulations have come into force regarding technical swimsuits. All swimmers aged 13 years and under cannot compete wearing technical suits in Scottish Swimming licenced or registered events. For further information and FAQ's please see link below. https://scottishswimming.com/news/technical-swimsuit-policy-update/
Transgender and Non-binary policy	As of the 1st January 2024 the Scottish Swimming Transgender & Non-Binary Competition Policy was implemented nationally across all aquatics sports. The policy and FAQs can be found HERE. Any policy related matters that arise during the event should be reported to and will be recorded by the Meet Convenor/Lead Referee and these matters will be communicated to and managed post event by the relevant Scottish Swimming Staff. At no point will members be challenged on the day of a competition with any matters being resolved post event. As a result of this policy being implemented, any competitor intending to compete within the Female category at this event will be required to provide confirmation that their birth sex is female when signing up to the meet conditions through entry. By entering the

	Female category, athletes are therefore confirming their birth sex is female and are eligible to compete in the Female category.
Meet Convener	Email: sascmeetconvenor@gmail.com

STONEHAVEN ASC

SOUTH ABERDEENSHIRE LEAGUE MEET

SESSION ONE

WARM UP

1310

START

1400

Event No:	101	Mixed	8 years and over	100m Freestyle
	102	Mixed	8 years and over	200m Freestyle
	103	Mixed	8 years and over	50m Backstroke
	104	Mixed	8 years and over	100m Backstroke
	105	Mixed	8 years and over	50m Breaststroke
	106	Mixed	8 years and over	100m Breaststroke
	107	Mixed	8 years and over	50m Butterfly
	108	Mixed	8 years and over	100m Butterfly
	109	Mixed	8 years and over	100m IM

Technical Officials Sheet

Club:			
STO Contact:			
Telephone:			
Email:			
STO Name	STO Duty (Qualified)	Mentoring Required?	Signatures Required?

Please return this form by email to stonehaven.sto@gmail.com by Friday 11th September 2026.